

## General Policies

- ✚ **For Safety's Sake:** When parents or guardians are not at the studio to pick up their child, students must stay at the studio at all times unless they inform the front desk that they have permission to go elsewhere to purchase snacks or meals.
- ✚ **Promptness:** Students are expected to be prompt for class and dressed in proper attire and with hair done and no jewelry. All students must be picked up promptly at the end of each class. If you are going to be late, please contact the studio. RSDA is not responsible for students before and after class. Please do not drop your child off at RSDA without ensuring that the studio is open.
- ✚ **Be Equipped:** Bring your dance attire, shoes, hair supplies, etc. with you every week and **label everything**. RSDA assumes **NO RESPONSIBILITY** for lost or stolen articles. Please leave all valuables at home. Students are expected to stay in their dancewear and appropriate hair for dance **at all times** until they leave for home.
- ✚ **Practice:** We encourage students to practice at home and know their exercises, steps and routines. RSDA encourages dance as part of a healthy lifestyle.
- ✚ **Attendance:** Good attendance is very important but if unavoidable, a quick phone call or advance note to let us know that your child will be absent would be greatly appreciated. Classes are reviewed, but not always re-taught, so good attendance is important. There are no refunds for missed classes, but make up classes may be available until December. Please check with your child's teacher or the front desk to find an appropriate class.
- ✚ **Food & Drink:** Food and drink should be consumed in the lobby or kitchen area only. No food or drink is allowed in the studios or change rooms. Water is allowed in the studios only in water bottles with sealed lids. We encourage students to bring water bottles to class. **NO GUM or CANDY** in classes. Students must dispose of their garbage and clean up after themselves.
- ✚ **NO Cell Phones:** are allowed in class. Please leave them in your locker or dance bag.
- ✚ **Valuables:** **RSDA assumes no responsibility for lost or stolen articles.** Please label everything.  
**LEAVE ALL VALUABLES AT HOME.**
- ✚ **Street Shoes:** All street shoes must be left on the racks outside the studio and are not allowed in the studio. Only indoor non-marking running shoes are allowed in the dance rooms for specified classes.
- ✚ **Studio information:** All studio notes and newsletters will be sent by email or posted on the website. It is the clients' responsibility to keep updated by visiting our website. Please report all email issues to the front desk. When emails go out, notification is posted in the foyer and hallway.

***Classes start in September***

***For more information call us at 669-2369***

***or email us at [learn@risingstardance.ca](mailto:learn@risingstardance.ca)***

Dance for 2's  
Creative Movement  
Pre-Dance  
Hip Hop  
Tap  
Irish Dance  
Highland Dance  
Break Dance  
Acro



Jazz  
Lyrical Jazz  
Modern  
Ballet  
Pointe  
Musical Theatre  
Song & Dance  
Adult Classes  
Drama

**10-1600 Regent Avenue W.**

**Winnipeg, MB R2C 3B5**

**Phone: 669-2369 Fax: 669-0287**

**Email: [learn@risingstardance.ca](mailto:learn@risingstardance.ca)**

**Web: [www.risingstardance.ca](http://www.risingstardance.ca)**

Annual Recital~ Sprung Floors~ Qualified Teachers  
Ages 2 to Adult ~ Adult Classes  
Competitions & Festivals ~ Dance Exams  
Fully Equipped Facility ~ Air Conditioned  
Environmentally Friendly Studio

*"Dedicated to promoting a physically & emotionally positive lifestyle through dance education, performance, public service and enjoyment of the art of dance."*

*Great Fitness for the entire family!*

Visit our website for your free copy of  
"4 Things Every Parent Should Know Before  
Choosing A Dance Studio"

**RSDA** is fully equipped for the dancer's comfort & development. Our air conditioned studios have full sound systems & full mirrored and Ballet barred walls. All teaching areas feature "floating sprung" floors for the safety of our dancers' joints. Our staff provides current and effective teaching methods through continuing educational experiences in provincial and national dance centres. Each teacher is an accomplished dancer; his/her combined experience, innovation and enthusiasm marks the teaching style at RSDA. RSDA offers a Teacher's Apprentice program for students aged 11 and up, to train our older students in the art & discipline of teaching dance to others. It gives the students experience working with children, leadership experience, self confidence, and reinforces their own training.

**We are a green studio that is concerned with the environment, so all notes are sent via email or available on our website to eliminate paper waste.**

Parents are responsible to check emails and RSDA's website for all information, notes and invoices sent home throughout the year.

## **Year End Recital**

Performance provides not only a goal for the student, but an opportunity to share the experience of dance with family and friends. We at RSDA recognize the importance of performance in a student's dance education and encourage this through opportunities to perform in public. All students (with the exception of participants in Dance for 2's & 8 week adult classes) are included in our year-end production held in late May or early June.

## **Costumes**

A deposit of \$40.00 +GST (per student, per dance), posted-dated for October 14 is required at the time of registration. This fee is subtracted from the final purchase total of the costume and **is non-refundable**. **A late fee of \$10.00 +GST/month is charged on all deposits made after October 14.** All cheques must be made payable to Rising Star Dance Academy. **All outstanding fees (including tuition and any late fees) must be paid before costumes are released.** The costumes will be worn on stage at recital and are yours to keep once paid for in full. For all Little Stars students, NO costumes will be ordered until the recital permission slip is signed and returned to RSDA.

## **Photos & Video**

As a gift from us to you, RSDA offers one free DVD of the recital per registered family to all RSDA clients. We provide photo and additional video services which are optional to purchase. We encourage all students to participate in the group photos so that they may be displayed in our lobby. Please contact the front desk for more information.

**In accordance with Theatre rules, video taping and flash photography are not permitted during the rehearsal or the recital.**

**RSDA is proud to offer, in addition to our recreational classes, competitive teams and Tap, Jazz or Ballet Exams to interested clients. For more information on these or any other programs please check out our website.**

[www.risingstardance.ca](http://www.risingstardance.ca)

## **Required Dress & Etiquette:**

**Dance for 2's:** Both parent and child should dress to be active. Indoor white soled runners or gymnastics slippers or bare feet. No street shoes please.

**Creative:** Bodysuit and footed tights. Pink gymnastics slippers.

**Pre-Dance I & II:** Bodysuit and footed tights. Pink gymnastics slippers & black Tap shoes.

**Jazz & Lyrical Jazz:** Unitard or bodysuit & tights. Soft leather black Jazz shoes or beige foot thongs. Beige Jazz shoes at the teacher's request only. No gymnastics slippers please.

**Acro:** Unitard or bodysuit & footless tights. Bare feet.

**Ballet & Pointe:** Black bodysuit & Ballet Pink footed tights, pink pleated toe leather or canvas ballet slippers (secured with elastic at ankle bones). No gymnastics slippers please. Do not purchase Pointe shoes without teacher's consent. Boys – black tights or cycling shorts with white or black fitted t-shirt, with black ballet slippers and black socks.

**Tap:** Unitard or bodysuit & tights, black Tap shoes.

**Irish:** Unitard or bodysuit & tights, black leather ballet slippers or jazz shoes. Competitive classes are to wear Irish ghillies. Black Tap Shoes are needed for advanced classes at teachers discretion.

**Highland Dance:** Black bodysuit & tights or black dance shorts and white knee high socks. Beginner classes require black leather ballet slippers or jazz shoes. Level 2 and up are to wear Highland Dance shoes (Scottish ghillies). (may be purchased from teacher)

**Hip Hop/Street Jazz:** Students may wear one loose item, i.e. loose sweatpants with a fitted top or loose top with fitted bottoms with White indoor non marking soles, running shoes.

**Modern:** Bodysuit & footless tights. Bare feet.

**Drama/Musical Theatre / Song & Dance:** Unitard or bodysuit & tights. Black jazz shoes or black leather ballet slippers.

**Break Dancing:** Comfortable loose workout clothing, toque with no peak, wrist bands. **NO JEANS.** Indoor running shoes with non marking soles only.

**Boys Attire** – black sweats, shorts or jazz pants with a white or black fitted t-shirt. Shoes are black gymnastics slippers (pre-dance only) or black jazz or black ballet slippers.

**Hair** – long hair must be pulled back in a ponytail or braid for all classes aged 2 & up. Hair **must** be in a ballet bun for all ballet classes and competitive Tap & Jazz classes. Shorter hair can be held back with a headband or clips and bobby pins.

**NO STREET SHOES ARE TO BE WORN IN ANY STUDIO.**

**NO JEWELLERY – PLEASE LEAVE IT AT HOME.**

**Enrollment:** There must be eight or more students in a class for it to run. Classes that do not meet the minimum requirements will be combined at the discretion of RSDA, or charged at a semi-private or private rate. No student will be admitted to class with an unpaid balance.

**Class Schedule:** Schedule is set by May of the previous dance year for the following fall session and is subject to change at the discretion of RSDA.

**Class Withdrawals:** Notification for withdrawal must be done in person and after a withdrawal form has been filled out, in order for a refund to be processed. The date of absence is not considered the departure date. **No refunds after November 30. Clients are responsible for all outstanding monetary balances. (i.e. costume orders, tuition, competition fees, etc.)** No student will be admitted into class with any unpaid balance. Once a student is registered, withdrawals are subject to a \$30.00 administration fee.

## Classes Offered

**Dance 4- 2's:** A class for 2-year-olds and parent to explore creative expression in an imaginative & fun dance atmosphere; includes games, songs & music. (30 min)

**Creative Movement (3-year-olds):** Students improve their basic motor skills, body awareness, listening skills and explore creative expression in an imaginative & fun dance atmosphere that includes music, movement, games and songs while learning discipline, social skills and having fun. (45 min)

**Pre-Dance I (4-year-olds):** An introduction to Tap, and a progression of creative movement to promote the development of motor skills and creative expression. (1 hour)

**Pre-Dance II (5-year-olds):** A progression from Pre-Dance I, with an emphasis on Tap, Jazz and Ballet technical skills, creative expression, self-motivation and discipline. An excellent foundation for any type of dance form. (1 hour)

**Song & Dance (age 4-6 yrs):** This class prepares students for Musical Theatre by learning rhythm and movement through songs and dance that are appropriate for young children. They explore their feelings and emotions using introductory drama games. (45 min)

**Jazz (age 6 and up):** A high energy, expressive and rhythmic style of class which includes warm-ups, travels and routines to popular music. (minimum 1 hour)

**Lyrical Jazz (age 11 and up):** An emotionally expressive form of Jazz dance based in Jazz technique, complimented by a strong Ballet or Modern technique. Ballet or Jazz is required for this class and 1 years previous experience in Ballet or Jazz required (minimum 1 hour)

**Ballet (age 6 and up) / Pointe (age 12 and up):** Ballet classes are the foundation for all other dance forms, and focuses on barre and centre exercises to develop strength, grace and flexibility, which is required not just for dance, but for personal growth. Pointe is a unique and specialized technique. The dancer's foot must be developed and strong for the demands of Pointe work. Pointe classes develop and enhance classical Ballet techniques. Ballet classes are required. Students are put on Pointe at the discretion of RSDA. (Ballet – minimum 1 hour, Pointe – minimum 30 minutes.)

**Tap (age 6 and up):** Tap is an exciting dance form which promotes musicality, rhythm and concentration. This fun style is one of our most popular forms of dance. Classes concentrate on warm-ups, travels and routines. (minimum 1 hour)

**Modern (age 12 and up):** Modern dance is a style of theatrical dancing where movements are expressive of complex feelings and abstract ideas. Ballet classes are required. (min 1 hour)

**Irish (age 6 and up):** Students learn the traditional dance of Ireland, as seen in shows such as Riverdance and Lord of the Dance. (minimum 1 hour)

**Highland (age 3 and up):** Students learn Scotland's traditional dances in an active, fast-paced and fun class. (minimum 45 minutes)

**Hip Hop (age 7 and up):** Expect a fast-paced, highly stylized form of Jazz as seen in music videos. (minimum 1 hour)

**Break Dancing (age 7 and up):** A street dance style that combines different aerobic practices, borrowing from a variety of forms, motions and maneuvers from martial arts, gymnastics and popular funk music. (minimum 1 hour)

**Musical Theatre (age 7 and up):** This class is a fun and exciting combination of singing and games that build drama skills for acting and dancing. A great class to develop self-esteem. (minimum 1 hour)

**Adult Classes:** Jazz, Tap, Ballet, Hip Hop, Irish & Highland from Beginner to Intermediate. This is a fun night out for adults to enjoy music, exercise, and a way to express themselves in a private, safe setting. Full Term and 8 week classes offered. (minimum 45 min)

**Acro (age 6 and up):** tumbling & gymnastics movements incorporated into jazz dance (minimum 1 hour)

**Drama (age 10 and up):** a combination of Improv & drama games develop a strong stage presence and self esteem. (minimum 1 hour)

## Tuition Information

Classes commence in September and run for the term until Recital in May or June. Fees are based on an average of four classes per month which includes a Christmas holiday and Spring Break. No refunds after November 30<sup>th</sup>. For any individual taking 5 hours of lessons per week, all additional classes are free. This does not include solos, duos, trios or small groups, which are at an additional cost.

Post dated cheques serve as payment for the term (3 post dated cheques or pre-authorized Visa/MasterCard dated for September 15<sup>th</sup>, December 1<sup>st</sup> and March 1<sup>st</sup>), and are to be left at the time of registration. Those qualifying for monthly payments must submit cheques for the 15<sup>th</sup> of September and subsequent cheques are to be dated for the 1<sup>st</sup> of each month and are to be left at the time of registration. There is a \$10 registration fee/ family/ season.

To change a payment method to cash, notification must be a minimum of 4 business days before the payment due date. There will be a \$10.00/month +GST late fee for payments made past their due dates. Payments will not be refunded for withdrawals within the month (see Withdrawals below).

## Family Rate

When the combined hours of 2 or more students in one family exceed 3 ¼ hours per week, a family rate may apply. Come in and see us for information on family rates. "All team participants are on an individual rate only."

## Withdrawals

Notification for withdrawal must be done in person and after withdrawal form have been filled out, in order for a refund to be processed. The date of absence is not considered the departure date. **NO refunds after November 30<sup>th</sup>.** Clients are responsible for all outstanding monetary balances (i.e., costume fees, tuition, competition fees, etc.). No student will be admitted into class with any unpaid balance. Once a student is registered, withdrawals are subject to a \$30.00 administrative fee.

**Boys** – first year of dance at RSDA receive 50% off their tuition.

Note: GST has already been included in the payment amounts.

Hours	Monthly 2010-11	3 Payments
1/2	N/A	\$ 117.76
3/4	N/A	\$ 144.31
1	N/A	\$ 167.24
1 1/4	N/A	\$ 194.71
1 1/2	N/A	\$ 222.25
1 3/4	N/A	\$ 249.67
2	N/A	\$ 277.25
2 1/4	\$ 101.58	\$ 304.75
2 1/2	\$ 110.75	\$ 332.25
2 3/4	\$ 119.92	\$ 359.75
3	\$ 129.10	\$ 387.29
3 1/4	\$ 138.25	\$ 414.76
3 1/2	\$ 147.42	\$ 442.26
3 3/4	\$ 156.57	\$ 469.72
4	\$ 165.75	\$ 497.26
4 1/4	\$ 174.91	\$ 524.73
4 1/2	\$ 184.10	\$ 552.30
4 3/4	\$ 193.27	\$ 579.80
5	\$ 202.41	\$ 607.23